



# MARLBOROUGH COLLEGE

# Sample Menu

**Breakfast Daily:** Grilled Bacon, Sausage, Fried Bread, Tomatoes, Beans, Croissants, Preserves, Yoghurt, Fruit Juice Cereal and Toast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Lunch Choice</b>	<b>Lunch Choice</b>	<b>Lunch Choice</b>	<b>Lunch Choice</b>	<b>Lunch Choice</b>	<b>Lunch Choice</b>	<b>Brunch Choice</b>
<i>Soups</i>	<i>Soups</i>	<i>Soups</i>	<i>Soups</i>	<i>Soups</i>	<i>Soups</i>	
Pea & Ham Carrot & Coriander	Country Vegetable Chicken & Almond (Contains Nut's)	Cream Of Mushroom Tuscan Bean	Leek And Potato Cream Of Spinach	Fish Chowder Cream Of Root Vegetables	Tomato and Lentil	
<i>Main</i>	<i>Main</i>	<i>Main</i>	<i>Main</i>	<i>Mai</i>	<i>Main</i>	
Beef Vegetable & Ale Pie Cod Provencale Mushroom Vegetable Spring Roll Mushroom Stroganoff Saute Potatoes Parsley Potatoes Green Beans Sweet Corn	Roast Beef & Yorkshire Pudding Chicken With Tarragon Sauce Chargrilled Vegetable Risotto Sweet Potato Leek & Stilton Pie Roast Potatoes Creamed Potatoes Roasted Root Vegetables Minted Peas	Oriental Pork Lamb Hotpot Filled Mushrooms Greek Stuffed Tomatoes Gratin Potatoes New Potatoes Country Mixed Vegetables Cabbage	Breaded Pork Schnitzel Beef in Black Bean Sauce Brie & Cranberry Parcel Plum Tomatoes Boiled Potatoes Rice Baton Carrots Green Beans	Battered Fish with Lemon Supreme Of Chicken with Tomato & Lentil Moussaka Chips Creamed Potatoes Mushy Peas Cauliflower	Roast Turkey Garni Hungarian Goulash Stilton & Spinach Lasagne Roast Potatoes Rice Red Cabbage Peas	Grilled Bacon Sausages Hash Browns Baked Beans From 10.30am Beef Burger/ Vegetable Grills
<i>Pasta / Jackets with</i>	<i>Pasta / Jackets with</i>	<i>Pasta / Jackets with</i>	<i>Pasta / Jackets with</i>	<i>Pasta / Jackets with</i>	<i>Pasta / Jackets with</i>	
Garlic Sausage Cheese & Chives Baked Beans	Mushroom Milano Ham & Pineapple Tomato & Basil	Chinese Chicken Provencale Vegetables Baked Beans	BBQ Pork Three Cheese Mediterranean	Mushroom Stroganoff Curry Baked Beans	Bolognaise Tomato & Basil	
<i>Pudding</i>	<i>Pudding</i>	<i>Pudding</i>	<i>Pudding</i>	<i>Pudding</i>	<i>Pudding</i>	
Fruit Crumble & Custard Sauce Cornflake Crackle Peaches & Cream Fresh Fruit Selection	Cherry Pie & Custard Sauce Fruit Smoothies Pineapple Fresh Fruit Selection	Sticky Toffee Pudding & Cream Flap Jack Fruit Salad & Yoghurt Fresh Fruit Selection	Fruit Crumble Tart Lemon Mousse Melon Fresh Fruit Selection	St Peters Pudding & Cream Fruit & Yoghurt Bread Pudding Fresh Fruit Selection	Semolina & Jam Pineapple Boats Assorted Cheesecake Fresh Fruit Selection	Fresh Fruit Selection
<b>Supper Choice</b>	<b>Supper Choice</b>	<b>Supper Choice</b>	<b>Supper Choice</b>	<b>Supper Choice</b>	<b>Supper Choice</b>	<b>Supper Choice</b>
<i>Main</i>	<i>Main</i>	<i>Main</i>	<i>Main</i>	<i>Main</i>	<i>Main</i>	<i>Main</i>
Chicken Curry Vegetable Biryani Rice Poppadums Onion Bhaji Mango Chutney	Bolognese Vegetable Bolognese Spaghetti Green Beans Garlic Bread Terriyaki & Ginger Sauce	Chicken Burger Beef Burger Vegetable Burger Chipped Potatoes Baked Beans	Duck Chow Mein Vegetable Chow Mein Prawn Crackers Sugar Snap Peas Tossed Salad	Lasagne Vegetable Strudel Garlic Bread Roasted Vegetables Sweet & Sour Sauce	Wok Cooking Stir Fry Beef Strips Choice of Noodles or Rice Choice of Sauce	Chicken A La King Vegetable Ravioli Braised Rice Country Mixed Vegetables
<i>Pudding</i>	<i>Pudding</i>	<i>Pudding</i>	<i>Pudding</i>	<i>Pudding</i>	<i>Pudding</i>	<i>Pudding</i>
Jam Tart & Custard Gateaux Fresh Fruit Selection	Apricot & Ginger Sponge Iced Ring Doughnuts Fresh Fruit Selection	Mincemeat Lattice & Custard Sauce Ice Cream Fresh Fruit Selection	Waffles & Syrup Cheese & Biscuits Fresh Fruit Selection	Sultana Sponge & Custard Sauce Cheese Cake Fresh Fruit Selection	Selection Of Sweets Fresh Fruit Selection	Selection Of Sweets Fresh Fruit Selection